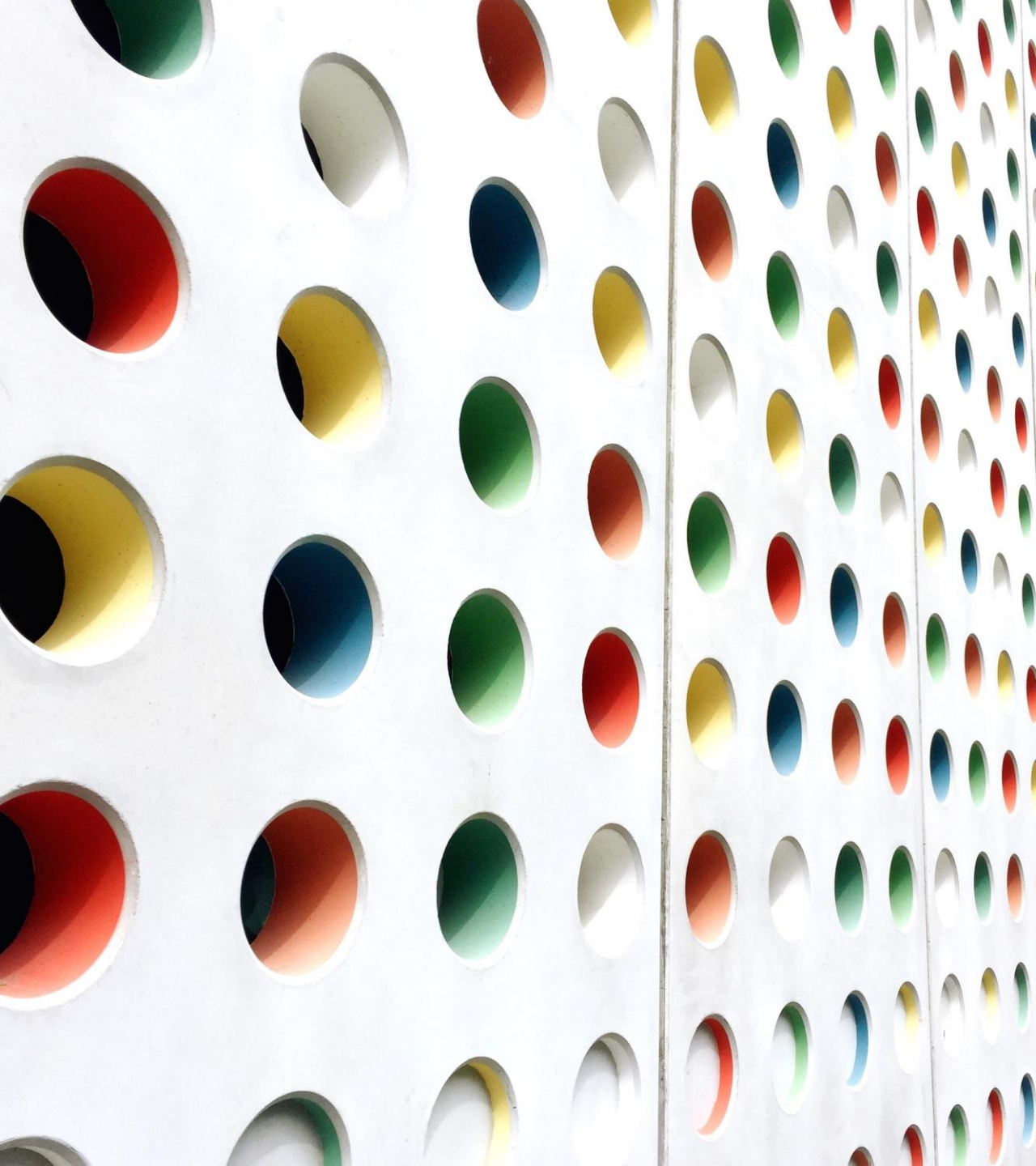


VA Program of General Caregiver Support Services

Tammy Warren, LCSW



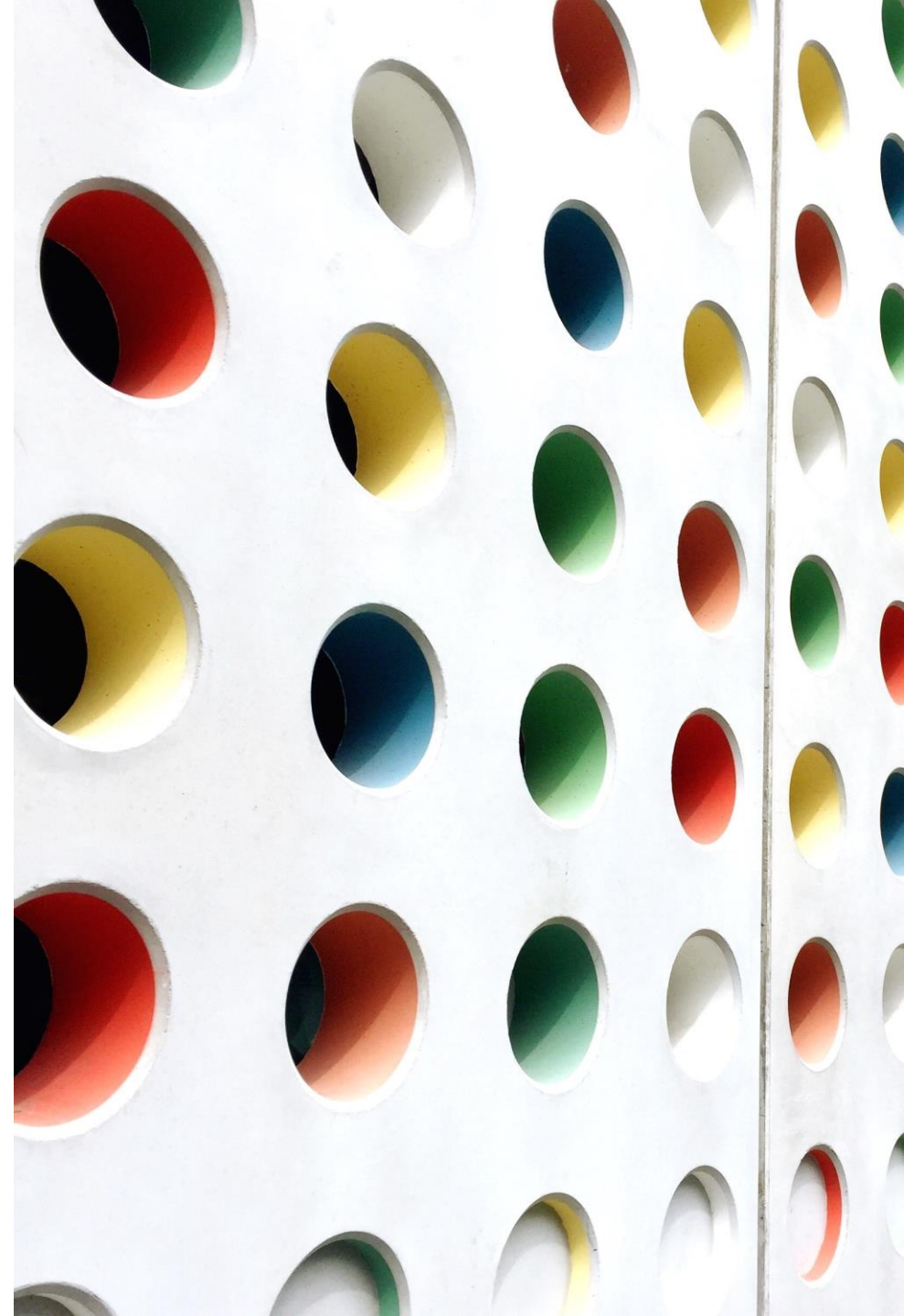
Public Law (PL) 111-163 Caregivers and Veterans Omnibus Health Services Act of 2010

Mission Statement: *To promote the health and well-being of family Caregivers who care for our nation's Veterans, through education, resources, support, and services.*

- Allow the most vulnerable Veterans to remain at home in the community
- Address specific needs of General Caregivers with a menu of programs and services
- Promote Veteran & Caregiver health and well-being
- Reduce isolation with professional & peer support
- Sensitize health care providers to the role of the family Caregiver

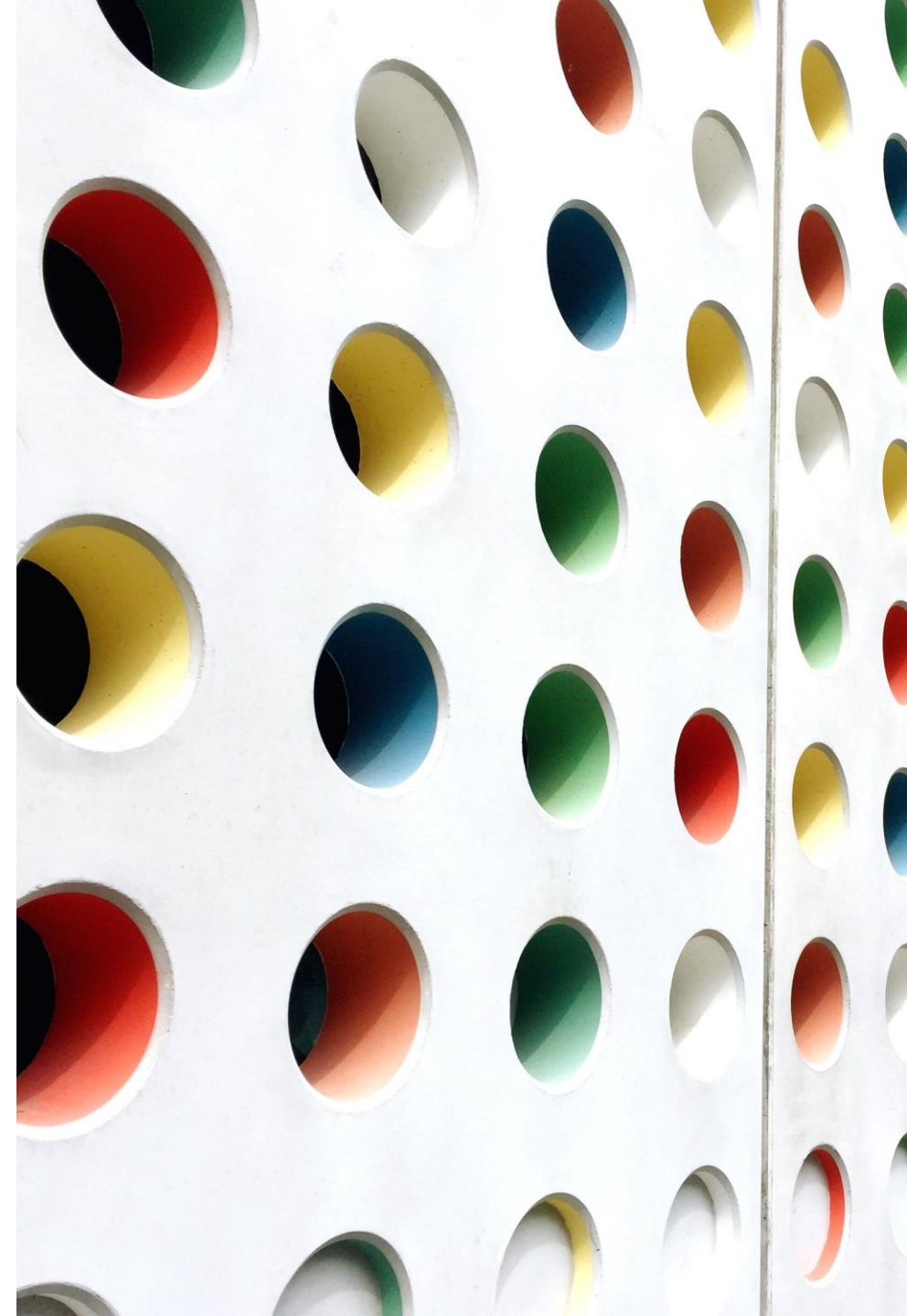
VA Respite Eligibility

- Must be enrolled in VA system and regularly attend primary care appointments
 - Must have a need for help with ADLs



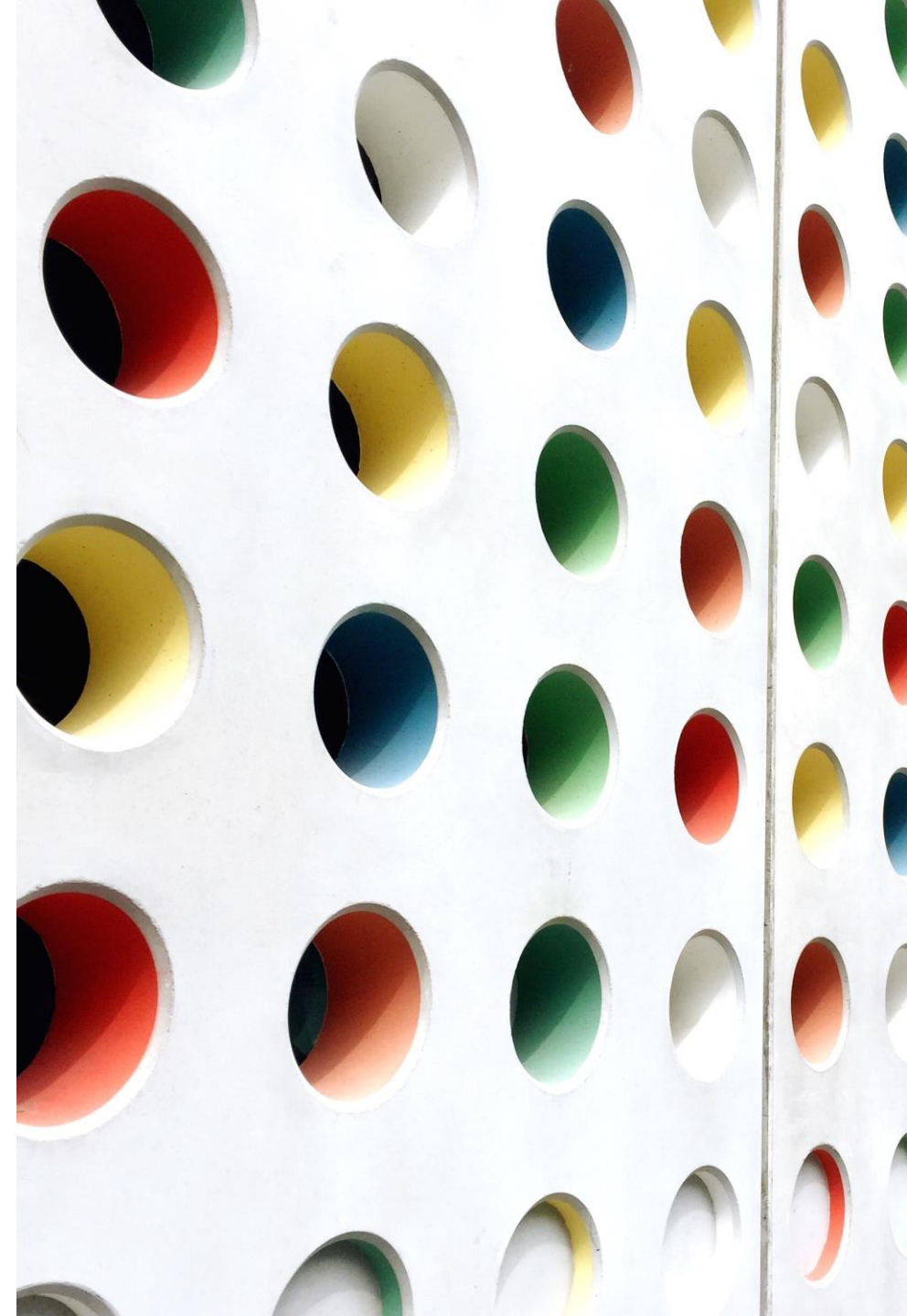
VA Respite Process

- Meet with VA primary care social worker
- They will complete an assessment in relation to functioning levels- mobility, bathing, dressing, eating, grooming, etc.
- If eligible, certain number of hours per week are allotted
- Assigned contracted agency/home health aide



Elizabeth Dole Foundation (EDF)

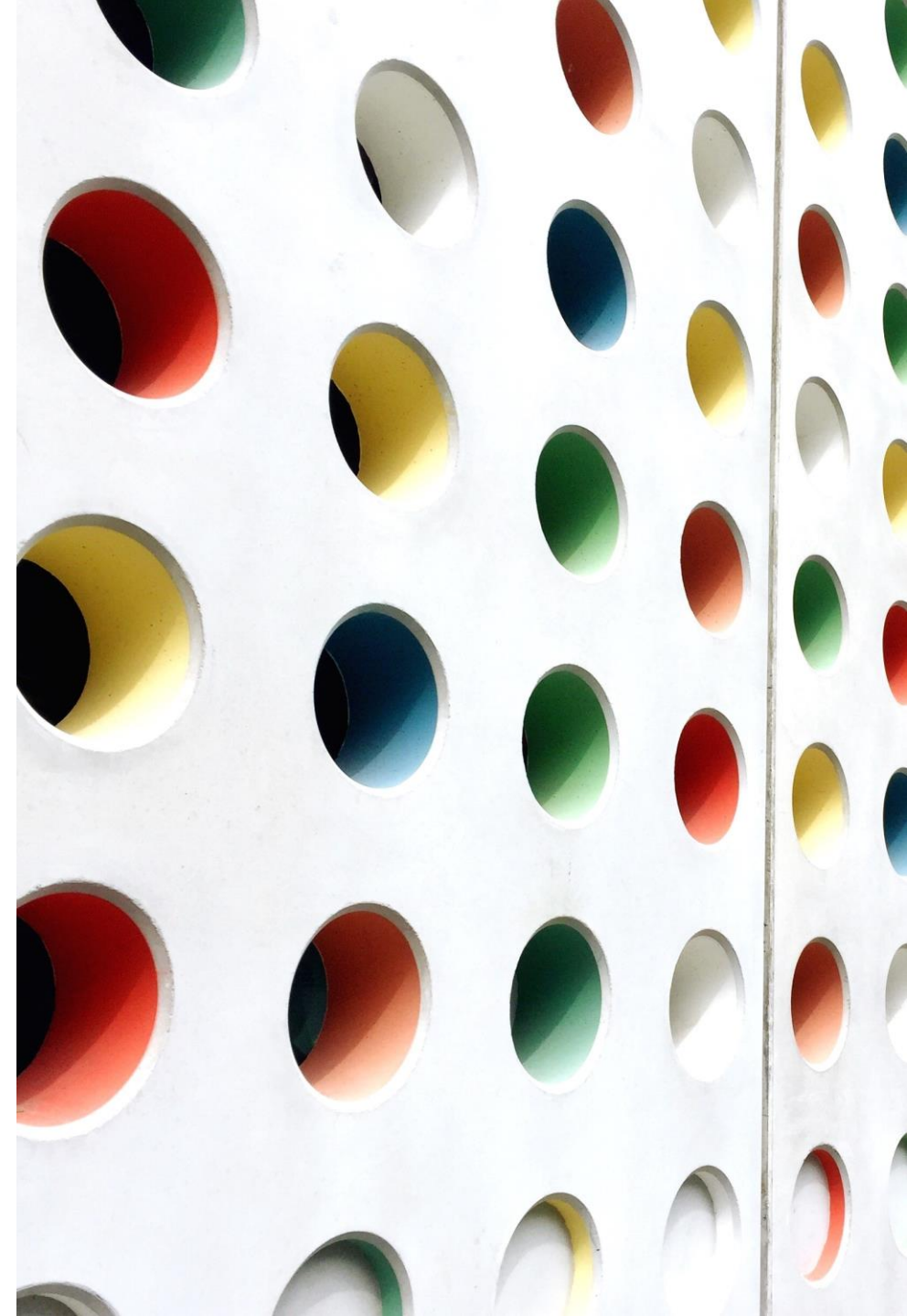
- EDF is the country's preeminent organization empowering, supporting, and honoring our nation's military caregivers who voluntarily care for America's wounded, ill, or injured veterans at home
- ANY caregiver providing in-home care to a wounded, ill, or injured veteran or service member (and submit proof of service)
- No cost to the Caregiver or Veteran. 16 hours per year with, available in increments no less than 4 hours
 - Online application with one point of contact (caregiver at EDF). Application support available for those without access to or comfort with online application.



Sooner Success Respite Program

Lifespan Respite Grant Voucher program

- Eligibility - 18 or older and is a full-time, unpaid caregiver; or a grandparent or other relative age 54 or younger raising a child as a full-time parent; and Does not receive respite services or payments from other programs including, but not limited to foster care, Family Support Assistance Payment, OAA Title III-E, or ODMHSAS Systems of Care funding.
- Eligibility for Care Recipient-Age birth to 59 who needs help with activities of daily living (ADL) in order to stay at home in the community or who has neurological and organic brain dysfunction such as multiple sclerosis, muscular dystrophy or traumatic brain injury; and, Does not qualify for respite services or payments through any other program including, but not limited to, DHS Developmental Disability Services, SSI-DCP, OAA Title III-E, ADvantage waiver program, Medicare-funded home health services or hospice.
- Caregivers may call 405-271-2710 to start the application process. Eligible caregivers receive up to \$400 worth of respite vouchers to be used within a 4-month period. (405-271-5700 ext. 47801 | respite@ouhsc.edu)





Other local resources

- Eastern Oklahoma Development District (EODD)
Respite Program- Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner Counties.
- Incog Tulsa
- Respite Program serving-Creek, Osage, and Tulsa counties



Tribal Caregiver Resources

Cherokee Family Caregivers

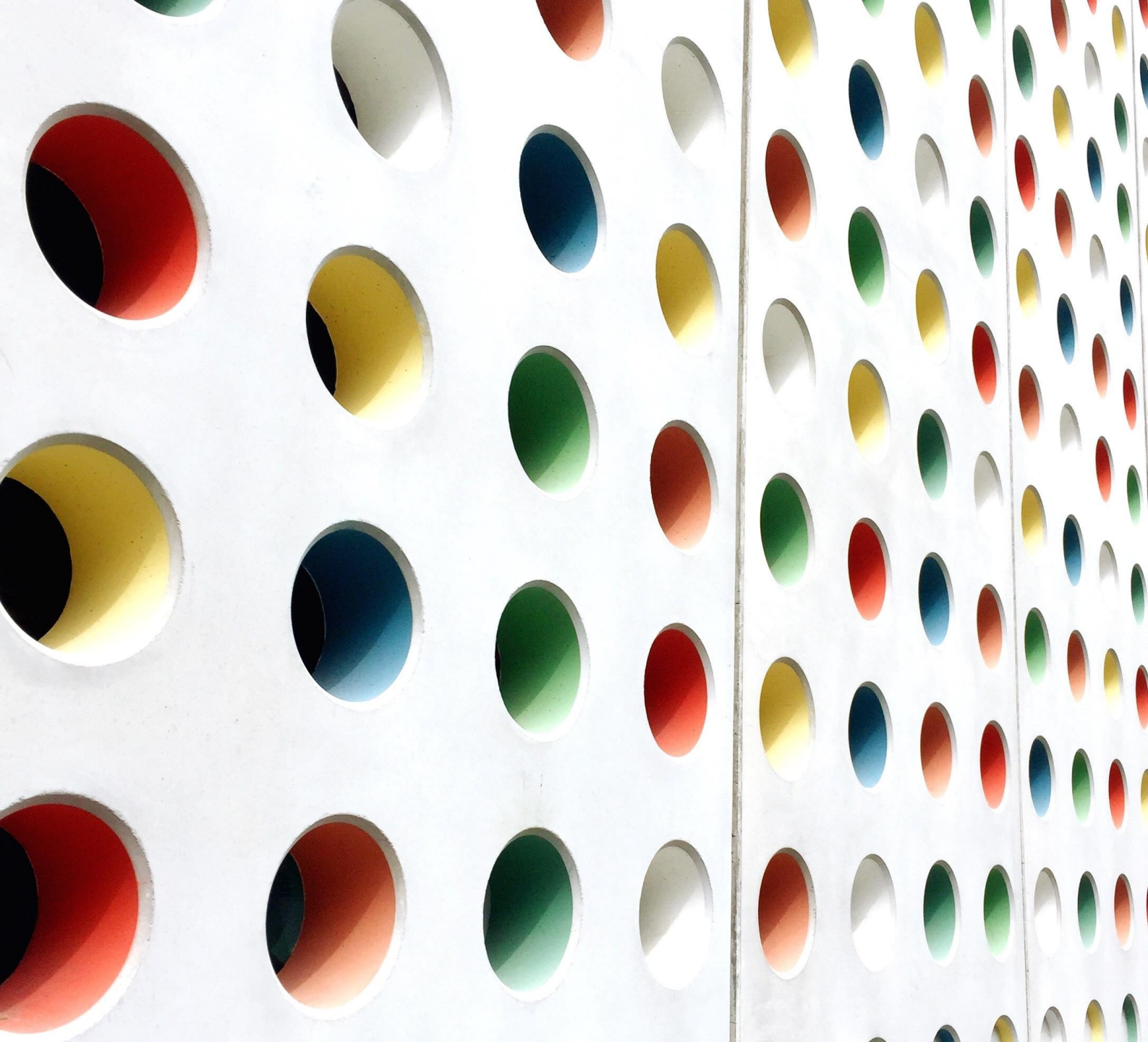
Cherokee Family Caregivers is a respite program for Cherokees who are providing primary care to an elder age 55 and above that cannot complete 2 or more functions of daily living (i.e., bathing, dressing, toileting, etc.) or for Cherokee's who are the primary caregiver to children under age 18 who reside with them in the home (Grandparents Raising Grandchildren).

[918-453-5422](tel:918-453-5422)

Muscogee Creek Nation Caregiver Program

This program helps people who are older than 17 years old. Must be the caregiver of an elder family member OR must be an older relative raising a child under 18 OR must be an older relative caring for a disabled adult. Applicant or family member must be a member of a Federally Recognized Tribe. Elder must be age 55 or older AND unable to perform at least two activities of daily living.

[918-549-2459](tel:918-549-2459)



Choctaw Nation Family Caregiver Program

Respite care can be provided in the elder's home, or it can be provided at the respite person's home.

"Frail" means the elder is functionally impaired because they are unable to perform at least two activities of daily living due to a cognitive or other mental impairment or requires substantial supervision because the elder behaves in a manner that poses a serious health or safety hazard to the individual or another individual.

Email name of caregiver, care recipient, phone number, and address to healthyaging@cnhsa.com.

Quapaw Caregiver Program

Adult family members or another individual caring for frail older persons 55 years old or older who have at least two assisted daily living needs.

Caregiver for a child 19 years old and younger with a severe developmental disability or handicap.
Grandparents 55 years old or older who are primary caregivers residing with a child 18 years old or younger and have a legal relationship with the child or are raising the child.

Respite care provides the caregiver with time off from their caregiving duties. The caregiver chooses his/her own respite worker and determines the rate of pay and number of hours worked per respite worker. Respite can range from a few hours a day to a week or more. When respite takes place, the length of time depends on the needs of the family and the available resources. It is usually planned; however, emergency care is sometimes needed.

[918-542-1853](tel:918-542-1853)

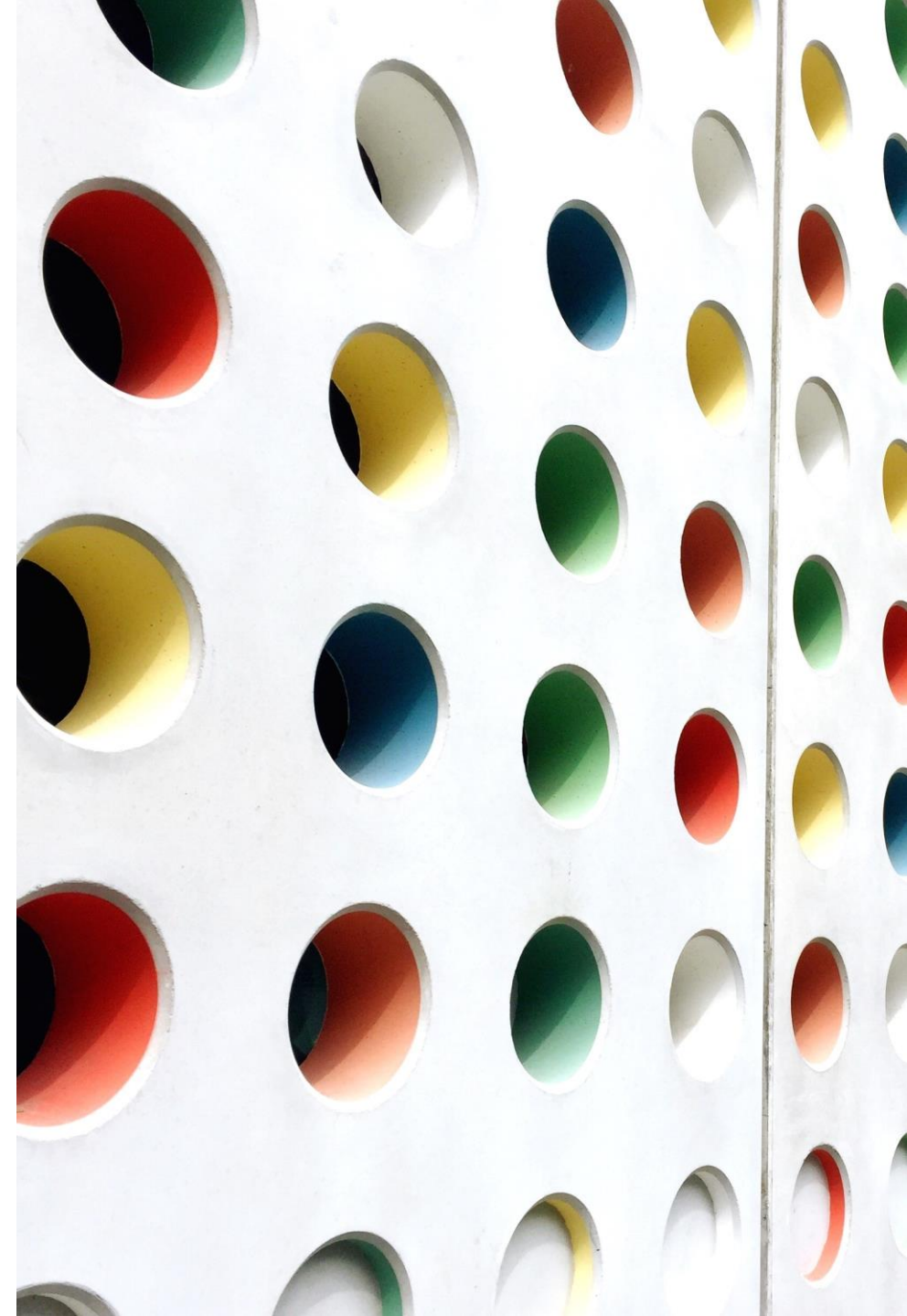
Life Senior Services Adult day Health Centers

LIFE's Adult Day Health provides professional daytime care for seniors in a safe, friendly and supportive setting. Person-centered care and enriching activities enhance quality of life and promote independence.

Adults with a wide range of health conditions routinely attend and benefit from Adult Day Health services. Generally, program participants should be able to bear their own weight, not require bed rest and exhibit appropriate behavior that does not put others at risk.

Caring for seniors who may not be able to stay at home alone during the day because they: Need assistance with activities of daily living, have physical impairments or chronic health conditions, have Alzheimer's disease or other dementia, are socially isolated, are unsafe at home alone, and younger adults we care for (age 18 and older) may have experienced a stroke or traumatic brain injury.

(918) 664-9000

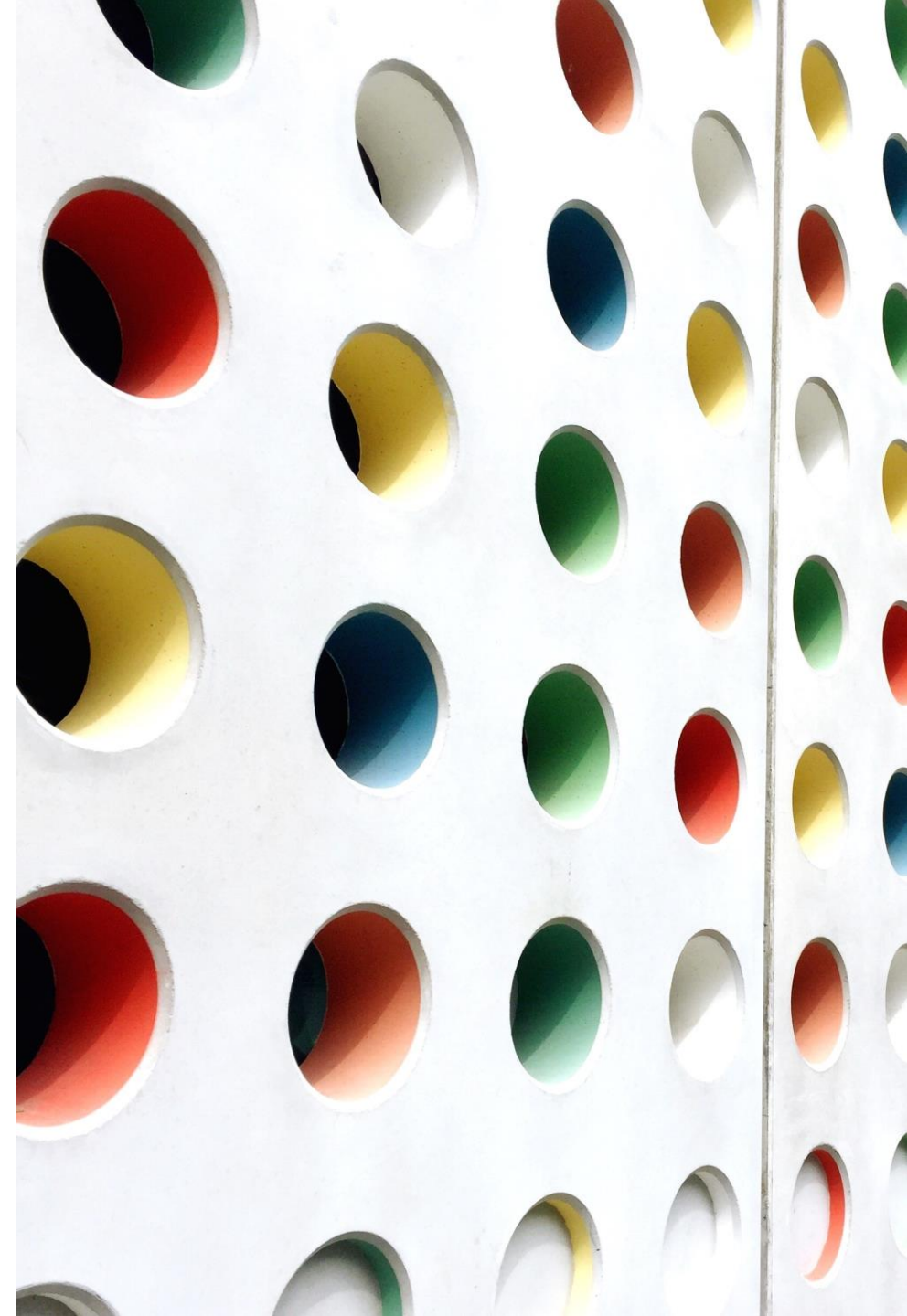


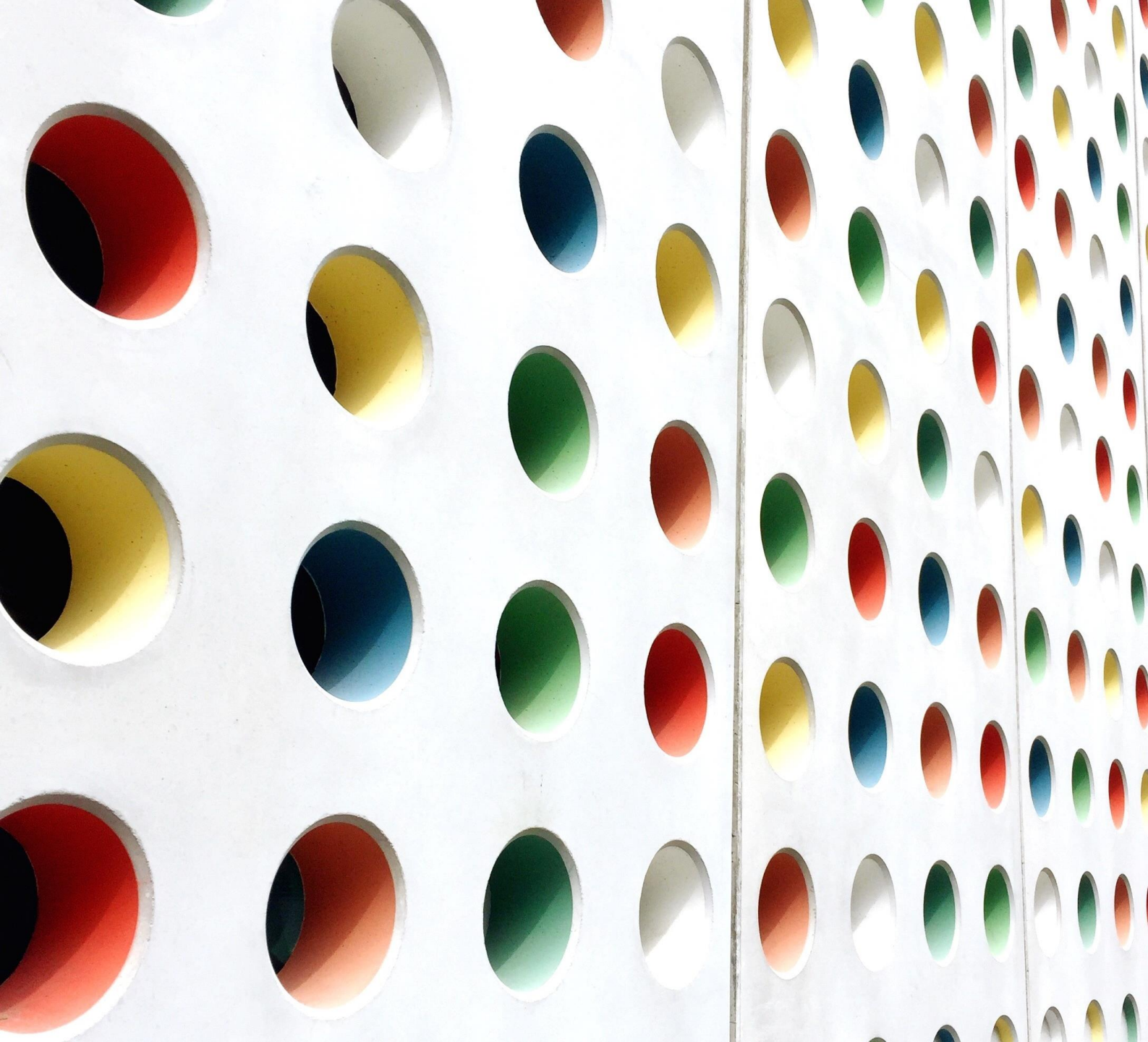
Grandparents Raising Grandchildren

Oxford HealthCare-

Respite vouchers available to help grandparents
pay for childcare/respite care in Creek, Osage
and Tulsa counties

918-258-1111





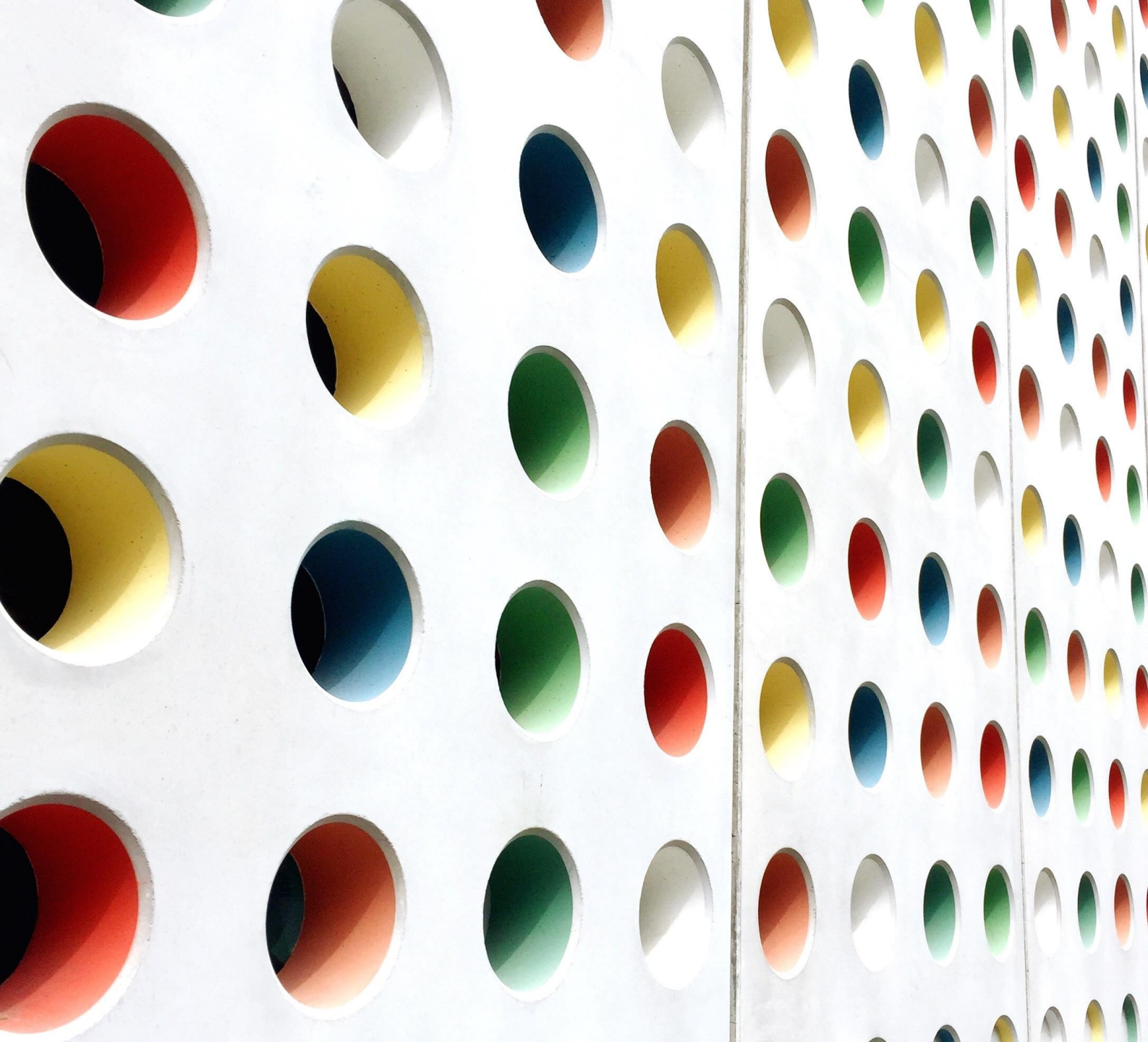
Respite Locator

Respite Locator-OK Cares-shows respite care all over the state/breaks it down into several different types of respite by Caregiving Situation.

<https://okcares.org/respite-locator/>

405-271-2710

Adult Day Health Centers
Local Areas on Aging
Developmental Disabilities Services
Foster Care
VA Respite



Questions Comments Concerns

Tammy Warren, LCSW

Tammy.Warren3@va.gov

918-310-4628-cell

918-577-3421-office